



Regatta/Travel Policy

These rules were designed to establish a safe and organized environment, while also enabling the team to enjoy themselves.

Travel:

- 1) When flying, bring a photo ID. The airline will not issue a boarding pass without it!
- 2) Each rower may bring only what she can carry. Some airlines charge a fee for checking bags. The club will not pay checked baggage fees. Do not over pack.
- 3) Once the rowers arrive and meet the team at the designated place of departure they must stay with the team until returned to the custody of their parents at the conclusion of the trip.
- 4) The team will attend Mass, if time permits. All rowers will attend as a team.
- 5) All rowers are expected to act responsibly and be on their best behavior at all times. Cursing or swearing at others on the team is not permitted. Please remember that you represent Xavier College Preparatory and Xavier Prep Crew. Disruptive behavior will not be tolerated. Breaking the rules may result in you not being allowed to travel with the team in the future.
- 6) Any/all medications shall be sent in their original container and marked with the rower's name. These are to be turned in to the Chaperones. Anyone involved in dispensing medications without permission will be disciplined. This includes over the counter and herbal medicines.
- 7) If there is a situation or severe discipline problem with a rower she may be sent home at her parent's expense.
- 8) Please bring adequate money and supplies for these trips. You may be responsible for some meals, as directed by the Travel Committee Chair.
- 9) All Xavier College Preparatory Handbook rules apply when traveling.

- 10) Arrivals after some out of town races are late on Sunday evening. You MUST attend school the following Monday morning regardless of arrival time.

Hotel:

- 1) All rowers MUST stay with the team at the designated hotel.
- 2) All rowers must eat together for all meals and adhere to Xavier Prep Crew's dietary guidelines.
- 3) Once room assignments are made they cannot be changed. Please refer to the Rooming List Policy. Room swapping is NEVER permitted.
- 4) NO smoking, alcohol or drug consumption.
- 5) Disruptive behavior, running/screaming in hotel hallways or excessive noise in rooms will NOT be tolerated.
- 6) There are to be no male visitors in the hotel room at any time, Male visitors will be allowed in the hotel lobby or other public area at the Chaperones' discretion.
- 7) If you decide to watch a movie in your room you are responsible for the charge. PG13 or lower ONLY.
- 8) Phone calls prior to 10:00 PM ONLY...this includes cell phone calls. If you have an emergency contact your Chaperone immediately. All phone calls placed by the rowers from your room must be paid before leaving the hotel.
- 9) If there is a situation or severe discipline problem with a rower she may be moved to another room, to a Chaperone's room or sent home at her parent's expense.
- 10) Rowers are not permitted under any circumstance to go to a Coach's room without a Chaperone in attendance.

Race Site:

- 1) Stay with the team! Always have another teammate with you. If you need to go anywhere you must get permission from the Chaperones. NO exceptions.
- 2) Check in with Chaperones at appointed times.
- 3) All rowers will arrive at the events at the designated time and remain at the event until dismissed by the Coaching Staff and/or Chaperones.

- 4) Do not change out of your uniform after your race. When you do change you must adhere to the Xavier Prep Crew Uniform Policy.
- 5) Please bring to the race site a small backpack with everything you will need for the day. The weather can change so be prepared. Be mindful of the whereabouts of your belongings at all times.
- 6) When a Xavier Prep Crew boat is launching or racing all team members are to be present and supporting the team.
- 7) Good sportsmanship is part of rowing. Please be respectful and courteous. Especially encourage other Arizona crews. Please follow Xavier College Prep etiquette at all times. Remember, your behavior reflects upon Xavier College Prep and Xavier Prep Crew.

Parents:

- 1) Volunteer parents must have completed the Called to Protect training as directed by Xavier College Prep and the Diocese of Phoenix. Safe environment procedures must be followed.
- 2) The ability of Xavier Prep Crew to travel is dependent on Chaperone and Race Host volunteers. If the sufficient number of Chaperones/Race Hosts have not signed up (2) weeks prior to the departure date the trip may be cancelled.
- 3) Parents attending the regattas should not drink alcoholic beverages in front of the rowers. If you are eating dinner with the team, alcohol consumption is discouraged.
- 4) Arrivals after some out of town races are late on Sunday evening. Please make arrangements to meet your daughter for pick up in a timely fashion.
- 5) Parents are responsible for informing the Board President of schedule conflicts, special dietary needs, medical issues and/or any other matters that will significantly impact travel or regatta attendance. The Board President will pass the information along the appropriate individuals.