

Xavier Prep Crew

ATTENDANCE POLICY

Our expectation is for every athlete to attend each practice throughout the season. Rowing is a power sport that requires a lot of time together to make it happen-PRACTICE. We understand, however, that situations arise which may cause an athlete to miss practice. Here are some guidelines:

- Coaches will not make a decision for you so don't ask if it is okay to miss practice. That is your choice. You, or your parent, must notify a coach before practice starts if you are going to be absent. Failure to do so may result in losing your seat (position).
- Your school work must come first. An athlete will not lose her seat (position) due to Xavier College Prep required class work (i.e., dance class, lab work, drama class, etc.). Extra credit work does not count.
- College visits are broken into two categories: **Official** (university paid) and **Unofficial** (parent paid). An athlete may take one per semester without penalty as long as they do not miss a regatta or miss more than two practices.
- **SPRING BREAK IS MANDATORY!** Failure to attend practice during this week will result in losing your seat (position).
- Chronic absence may result in dismissal from the team. An example would be missing one practice every week. If this is the case then you have to ask yourself why you are rowing.
- Missing practice due to illness or injury is a case by case situation and **may** result in losing your seat. Coach's discretion will be used.
- Missing a practice the week of a race may result in losing your seat.

Our intention is to create an environment in which athletes want to attend practice so they can improve their skills as a rower/cox'n and to become better all around athletes. Practice allows us to develop all areas that are important to a successful, competitive program.

GO GATORS!