

Information on College Recruiting

College recruiting and scholarships takes a great deal of preparation and diligence. It is a joint effort between, parent, rower/coxswain, and coaches. It can be an overwhelming process as there is a great deal of information out there and sorting through it all can be arduous at best. Hence, the reason for this informational sheet, to point you in the direction you need to be heading, a rough outline to the steps that need to be done sophomore through senior years, references for research, and a recruiting service if you chose that route.

I have attached a timeline referring to preparations needed to be taken each year; however this is not set in stone. Based on the information I have accumulated this seems to be the general consensus. It is a guide line for you as parents and your daughter.

Another key factor is the rules and regulations governing this process. Please refer to the US Rowing and NCAA websites to research them further. It is imperative families understand and abide by the governing regulations. As you are visiting these websites, there is a wealth of information, but you need to explore the website and find the information.

One of the most important factors is getting your daughter exposure to College Coaches. This is done partly by the regattas we attend, but there are other things you can do. Send your daughter to a College sponsored summer rowing clinic/camp, attend the Crash B's (ergomania) every February, US Rowing sponsored ID Camps, and post erg scores on the appropriate websites. If your daughter attends a College sponsored summer clinic/camp, there are usually college coaches from other schools in the area helping with the camp. It is a great opportunity for your daughter to talk to coaches, ask questions, and show her skills and interest.

I have attached several items. They are as follows:

- 1) References (websites, books, and services)
- 2) Steps to take sophomore – senior year
- 3) Rower Recruiting Service
- 4) All American Rowing Clinic Brochure

Hopefully, some or all of the above will be of help to you. Good luck on the journey if you decide to take it. It can be overwhelming, but working through the process with your daughter can be rewarding and hopefully enable her to pursue her goal of rowing in college.

Steps to Be Followed Sophomore – Senior Year

Sophomore:

1. Work on erg scores.
2. Plan to attend college sponsored summer rowing programs
3. Start thinking about the type of college you would like to attend

Junior:

Fall

1. Academics – Study core classes
2. Register for NCAA Clearinghouse
3. SAT/ACT Testing
4. Post Erg Scores on usrowing.com
5. Start making “unofficial” college visits

Winter

1. Strengthen and prepare for Spring season
2. Attend a US Rowing sponsored ID camp
3. Attend Crash B’s (Ergomania)
4. Post Erg Scores on usrowing.com
5. Continue with “unofficial” college visits

Spring

1. Make a rowing/coxswain video
2. Write a rowing resume
3. Continue with “unofficial” college visits
4. Send a letter or email of interest to the rowing coach from your selected schools based on your “unofficial” visits.
5. Plan to attend college sponsored summer rowing programs
6. Post erg scores on usrowing.com

Senior:

Fall

1. Make a short list of selected schools and prioritize them.
2. “Official” visits
3. Hopefully receive scholarship offers
4. Decision time

Winter

1. Financial aid applications

Spring

2. Enjoy your last semester as a high school rower!!!!

References:

Websites:

- 1) USRowing.com
 - Click on the competitors link
 - Click on the High School/Juniors link
 - Click on the College Recruiting Link
 - Enter Member Number – your daughter’s US Rowing number
 - Enter Account Password – your home mailing zip code
 - Also, post erg scores on the national team testing portion of this website
- 2) NCAA.com
- 3) Row2k.com
- 4) Regattacentral.com
- 5) ConceptII.com (Another website to post your erg scores)
- 6) Irow.com (Another website to post your erg scores)

Book:

“College Rowing Scholarships – How to Get Noticed/Negotiating the Scholarship Maze”
There is a link on our website, xavierpreprew.net. Cost is \$19.95.

Services:

Rowing Recruiting Services/Carrie Davis
(Resume and costs in separate document)